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A CONTRIBUTION TO THE HISTORY OF REPENTANCE PRAYERS IN THE SLAVIC SOUTH DURING THE 15TH CENTURY*

Abstract. The article explores and offers a diplomatic edition of *A Very Useful Confession for Unction for Every Christian, for the Black and White Clergy.* This is an autograph by Vladislav the Grammarian placed in the Trebnik of Monk David (1480s), manuscript 1/42 in the collection of the Rila Monastery. The analysis is based on the working hypothesis that after the conquest of Constantinople by the Ottoman Turks in 1453, the Ottoman invasion of the Balkans was perceived as a God's punishment for the sins of the Orthodox Christians. This idea became strongly present in a number of texts. Penitential prayer patterns multiply in the literature. The Greek prototype of the text under study has not been identified yet, but features a close relation to the prayers with the so-called *accumulation of sins*. It is, in essence, a confession which is performed in connection with the sacrament of the *eleosvet* (anointing of the sick) before receiving communion and the anointing with holy oil. The textual unit was purposefully introduced into Monk David's Trebnik and reflected topical textual additions to the basic composition of the Slavonic Trebnik.

Keywords: South Slavonic trebnik in the 15th century, Vladislav the Grammarian

Introduction

In the Festive Menaion, published in 1538, Božidar Vuković, a patron of Cyrillic book printing in Venice, states: й видъхь връмейна тежка соўть, понеже връмейна послъдна есв межоу เอ็มเци многые рати, й велико попъреніе ѿ йсмайлтенть на х҈ртіані, заради стъгръшеніи нашйі. These words, providing the preface of the most voluminous and rarest Cyrillic paleotype from the 'city of books' with the mark of historical authenticity, are an acknowledgment of a lasting tendency in the South Slavic literary tradition. After the conquest of Constantinople

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Празничен миней на Божидар Вукович Подгоричанин от 1538 г., ed. М. Полимирова, Подгорица—София 2021, р. 1: I saw that times are hard, for many wars have been waged between nations in recent times and there has been great destruction of Christians by Ishmaelites, due to our sins. Hereinafter, all translations from Old Slavonic (Old Bulgarian) are made by the author.

by the Ottoman Turks in 1453, a number of texts indicate a firmly held notion that the Ottoman invasion of the Balkans was a divine punishment for the sins of Orthodox Christians. Examples of repentance prayers grew in number in the literature. This emblematic date marks the start of a new period in the history of Christian Church communities in the Balkans and marks the beginning of all-round transformations, through which the Byzantine material and spiritual legacy continued to exist under the new conditions even beyond the old boundaries of the Empire. The post-Byzantine age began – the so-called Byzantium after Byzantium², when upholding the confession identity became more necessary than ever. This boundary between two epochs was a time when spiritual values were put to the test. Christian books played the role of a formative factor for the social and cultural development under the new conditions. Literature ensured the consolidation of the faithful through a constant reproduction of the tradition. The personalities and cultural models, which they create or support, replace the established social structure of the Orthodox state and legitimize the values of Orthodoxy.

The above general observations can be illustrated by a concrete example, such as the copying practices of South Slavic scribes in the 15th century. The main aim of the publication is to popularize a rare prayer genre from one of the most prosperous literary centers in medieval Bulgaria, and thereby to elucidate the oeuvre of its copyist – Vladislav the Grammarian. The diplomatic edition of the text is accompanied by a brief analysis and an investigation into typological similarities in other South Slavonic textual witnesses, in a diachronic perspective. This corresponds to the aims of the program which the article forms a part of and allows for broadening the range of sources for the study of the Slavonic Trebnik.

The main source

In the present article I will consider a model of prayer that was copied in middle regular calligraphic *poluustav* (semi-uncial script) with Resava orthography and has been identified as the writing of the noted South Slavic writer Vladislav the Grammarian³. The text is contained in the Trebnik (Άγιασματάριον) of Monk David, dated to the 1480s and preserved in the library of the Rila Monastery, manuscript HMPM 1/42 (Ms. Slav. 1/42)⁴. The name of the hieromonk David,

² N. IORGA, Byzance après Byzance, Bucarest 1935.

³ Б. Райков, Хр. Кодов, Б. Христова, Славянски ркописи в Рилския манастир, vol. I, София 1986, р. 74. For the life and the activity of this prominent man of letters cf. Г. Данчев, Владислав Граматик. Книжовник и писател, София 1969; Ј. Грковић-Мејџор, Списи Димитрија Кантакузина и Владислава Граматика, Београд 1993; Б. Христова, Опис на ръкописите на Владислав Граматик, Велико Търново 1996; А. Турилов, Владислав Граматик, [in:] Православная энциклопедия, vol. IX, Москва 2005, р. 99–101.

⁴ Е. Спространов, Опис на ръкописите в библиотеката при Рилския манастир, София 1902, р. 30–31; Б. Райков, Хр. Кодов, Б. Христова, Славянски ръкописи..., р. 73–75, where it

the second hegumen of the Rila Monastery after its restoration, is well known: active mainly after 1463, he was the second oldest among Joasaph, David, and Theophanes, sons of Jacob, bishop of Krupnik. The second copyist of Trebnik 1/42 was Vladislay the Grammarian. It is believed that this writer from Novo Brdo, Kosovo, has visited or resided in the Holy Monastery of Rila⁵. His emblematic manuscripts and works, such as the Rila Miscellany (the Rila Panegyric), compiled in 1479, is a rich collection of vitae, instructive sermons, and lectures, including works by Patriarch Euthymius, Gregory Tsamblak, and Joasaph of Bdin. It is precisely in this manuscript that we find some of the most important copies of his original work: the Rila Narrative, or the Story of the Translation of the Relics of St. John of Rila from Tarnovo to the Rila Monastery. Assumptions have been made, though not categorically proven, that he spent the last years of his life in the Rila Monastery⁶. Today the works of Vladislav the Grammarian include seven miscellanies (four of which have been precisely dated), preserved in five different book depositories in Europe⁷. The facts reflect the dynamic life story of this man of letters, who passed through different regions of the Balkans, lived in different monastic communities, under various rulers and patrons, while ever working in the service of literature.

is described under the signature P 35. The Monk David's Trebnik contains the official sacraments of the Orthodox Church, including the appointment of some or the ordination of other ecclesiastical degrees: acolyte (δεποτάτος), reader and singer, subdeacon and deacon, priest, protopresbyter, hegumen, and hieromonk (f. 202-215v). This composition supports the conclusion of its use in the precisely defined monastic community of the Rila Monastery, whose patron St. John of Rila is mentioned among the saints in the intercessions of Epiphany: อรังคงั่งหลาง พีนุล нล์шยาง ไพล์ผหล поустыни житыла (f. 138r). At the same time, the manuscript testifies to the presence of the St. Triphon's prayer against pests in fields and vineyards (149r-152v), of a prayer against snake bite, attributed to St. Paul, and other non-canonical prayers. They correspond to the combination of two trends - adherence to the flourishing 14th century liturgical tradition, and the dynamic everyday life that hieromonks had to reflect in order to be close to the flock. Cf. M. Шнитер, Молитва и магия, София 2001, р. 97–99. The author notes Vladislav the Grammarian's participation in this Trebnik as a proof of the book's value for the monastic brotherhood. Another 'testimony of the times' is worth mentioning, namely the petition to the Holy Cross at Epiphany for deliverance from the Ishmaelites - исмаильтыскые люди доъжавно покарающе (f. 140r). This formula is also found in the copyist's notes, a favorite genre in his work. Cf. Г. Данчев, Особености на приписките и бележките в сборниците на Владислав Γ раматик – извор на сведения за неговите културни интереси и за културата у нас през XVстолетие, [in:] Българският петнадесети век. Сборник с доклади за българска обща и културна история през XV в., ed. Б. Христова, А. Минчева, Б. Райков, Кл. Иванова, София 1993, p. 181-187.

⁵ Б. Христова, Владислав Граматик и рилският книжовен център, [in:] Рилски манастир. Юбилеен вестник. Специално издание, посветено на научната сесия "Рилският манастир в историята и културата на българския народ", София 1981, р. 7.

⁶ Г. Данчев, *Владислав Граматик*..., p. 30, and the relevant bibliography cited by the author.

⁷ Exhaustive data base for every one of those manuscripts in Б. Христова, Опис на ръкописите...

чрынцоў и втылцоў, A Very Useful Confession for Unction for Every Christian, for the Black and White Clergy. More than 30 years ago, after working de visu on the entire manuscript, I published the text according to the editing practice of that time, which is unsatisfactory from today's point of view⁸. In the present article, I would like to re-edit it more adequately, based on its digital reproduction⁹, and to focus on the textual specificity and significance of similar texts in the literature of the Slavic South.

In the scholarly description of the manuscript, the textual unit under study is referred to as 'Instruction for the rite of unction'¹⁰. In fact, the text is a repentance prayer, complemented with liturgical instructions and formulas, which was to be read on the occasion of the sacrament of unction (τὸ εὐχέλαιον, *unction olei sacrati*)¹¹. To be read as well at the end are Ps 16 (marked with the first verse) and readings from the Acts of the Apostles and the Gospels. The holy oil (ἄγιον ἔλαιον in Greek, ολίκη, μαζλο, μαρο in Slavic) is a sign of the shedding of God's grace on the repentant person. This is indicated by the key words and phrases figuring in the title and in the text (Β΄ Τολαβάνις μολαβάνις μαβάνημας τράβκης πομαβάνης; β΄ το καξημένης εκίβμασο το το εκίβμασο το το ενέθεση το ενέθεση το το ενέθεση το ενέθεση το ενέθεση το ενέθεση το ενέθεση το ενέθεση το ενέθεση το το ενέθεση το το ενέθεση το ενέθεση το ενέθεση το το το ενέθεση το το ενέ

Other known sources. Similar texts

The oldest Slavic Euchologion – the Glagolitic *Euchologium Sinaiticum*, originating from the 11th century, does not contain a developed ceremony of unction. It contains only separate prayers for anointing, which were to be read over the sick and were later preserved in trebniks under the general rubric 'Молитви врачевални', 'healing prayers'¹³. The oldest *posledovanie* for unction translated into Slavic is found in the Cyrillic parchment trebnik from the Gruić collection 3.I.65, dated for the third quarter of the 13th century, the main part of which is kept

 $^{^{8}}$ М. Цибранска, 3a един молитвен текст автограф на Владислав Граматик, БЕ 5, 1997–1998, р. 58–63.

Oomparing the published text with the original was made possible thanks to the 'Bulgarian Manuscript Book' Archive at the Faculty of Slavic Studies of SU St. Kliment Ohridski. I would like to express my special gratitude to the hegumen of the Holy Monastery of Rila, Archimandrite Evlogiy, and the whole fraternity there for the possibility they afforded me to work with the digital copy of pages 301–307 of manuscript 1/42 from the Monastery's Library.

¹⁰ Б. Христова, *Владислав Граматик...*, р. 7.

 $^{^{11}}$ А.А. Ткаченко, *Елеосвящение*, [in:] *Православная Энциклопедия*, vol. XVIII, Москва 2008, p. 325–337.

 $^{^{12}}$ М. Арранц, Исторические заметки о чинопоследованиях таинств по рукописям Греческого Евхология, Ленинград 1979, р. 103–124.

 $^{^{\}rm 13}$ R. Nahtigal, Euchologium Sinaiticum. Starocerkvenoslovanski glagolski spomenik, vol. II, Tekst s komentarjem, Ljubljana 1942, p. 58.

in the Belgrade Museum of the Serbian Orthodox Church. Described and studied by P. Simić, it is considered to be the oldest known trebnik found in Serbian repositories¹⁴. G. Pop-Atanasov and D. Milovska discovered a 20-page addition to this work in the Library of the Faculty of Philology of the University in Skopje; the addition comprises of a prayer for unction for an ailing monk and a rite for a monastic burial¹⁵. This manuscript, called the *Premka Trebnik*, after the village of Premka, Kichevo district, where it was found, was classified under the Macedonian medieval tradition based on its origin and specific features¹⁶.

P. Simić considers that this divine office for unction has no precise Greek counterpart¹⁷. Subsequently, the first edition, with its large hymnographic section covering the ancient liturgical cycle, was abridged; starting from the 14th century, this ritual form gained ascendency and can be found in the first printed trebnik books from the late 15th and early 16th centuries: Последование на wcqueние масло¹⁸.

Consequently, A Very Useful Confession for Unction concerned both the sacraments of repentance and unction. The latter can heal physical and spiritual disabilities and be used for the forgiveness of sins and for giving communion after confession. Two other copies of the same text are known to me thus far. The first, which I have worked with de visu, is found on leaves 3b-8b in Trebnik № 194 from the collection of the Church Historical and Archive Institute at the Bulgarian Patriarchate; the book dates likewise from the 15th century. It entered the collection as a donation from Neophyte, the Metropolitan of Skopje¹⁹. Although this second copy is severely damaged, it complements the title with valuable indications establishing a close link between confession and the granting of Divine grace through holy oil: матвоу до конца болещій или ейкоупь или мныхъ словесныкь или попъ. аще н'я словесникь болешій да моу чьтетть дховникь, а whь по нимь да говорить да самь испов'ядочет'ь стыда раді вь матва гр'яха своего и тако рекше матвоч до หงท แล ซลิ้ แงงทะ หลดง หอ้างเทน เพลียล. The second copy is known to me only by its bibliographical data. I am referring to M10, a trebnik from the mid-15th century, preserved at the University Library in Skopje; in this book, the Very Useful Confession for Unction is found on pages 34v-41r, surrounded by prayers to be read in miscellaneous cases, and the rite of the Exaltation of the Holy Cross. Data

¹⁴ П. Симић, *Требник српске редакције XIII в.*, ЗИК 10, 1976, р. 53–87; Р. Станкова, *Старобългарското книжовно наследство в сръбски преписи от XIII и началото на XIV в.*, ECLNet 02 I 2004, № 1.50, https://liternet.bg/publish4/rtrifonova/stb.htm [12 I 2023].

 $^{^{15}}$ Ѓ. Поп-Атанасов, Д. Миловска, *Нови листови од Премчанскиот требник (пергаментен книжевен споменик од XIII век)*, Кир 1, 2003, р. 135–186.

¹⁶ Л. Макаријоска, Б. Павлеска-Георгиевска, *Лексиката на средновековните молитвеници*, Скопје 2021, р. 16.

¹⁷ П. Симић, *Требник српске...*, р. 55.

¹⁸ Based on the printed Prayer Book published by Jacob Kraykov in Venice, f. P III. Copy Ru. 1570.16 from the National Library St. St. Cyril and Methodius, Sofia, has been used for this article.

¹⁹ И. Гошев, Стари записи и надписи, ГСУ.БФ 4.1, 1927, р. 353–354.

about this text, excerpts from it, and an analysis of some lexemes can be found in the quoted book by L. Makarijoska and B. Pavleska-Georgievska from 2021. There is only one difference between the two, in the heading: crังะ Mácao แนบ instead of crนับน.

It becomes clear from the discussion above that, before being anointed with holy oil, the penitent must confess his/her sins. Thus, a specific particularity of the prayer is that it develops as a formula of repentance by the enumeration of sins, some of which have not necessarily been actually committed but, according to M.V. Korogodina's accurate observation, reflect the gravity and impermissibility of those sins²⁰. These formulas offer a verbal summary of human sinfulness. Also typical for this model of prayer is the *I-form*, used for *stronger expressiveness*, whereby every person may personally identify with the state of original sin, typical for man according to the Christian paradigm. Byzantine literature is exceptionally rich in such texts, but so far the precise Greek original of this confession remains unknown. Some previous studies, however, provide a basis for reasoning:

- 1. A.I. Almazov writes about the spread and growing diversity of repentance models, starting from the 15th century in South Slavic and East Slavic literature. In his fundamental work on the sacrament of repentance, this great expert in liturgical canon examines cycles of repentance prayers of a subjective kind which are addressed to the person who pronounces them: *чтение которых предполагается по адресу самого совершителя их*²¹. They are not related to the rules of repentance in the specific sense, but rather to contrition, and are thus a preventive measure against sin. The great abundance of such models was determined by the growth of asceticism in the 14th century. Their form is characterized by a detailed listing of sins, by exclamatory and rhetorical elements, by an enumeration of epithets describing the sinner, and by their abstract vocabulary. The same particularities are found in the prayer in question.
- 2. Other authors have also contributed to the present topic. E. Koschmieder published a prayer of confession, contained in Codex 1318, Prayer Book, from the City Library of Wroclaw; the work is written in Bulgarian uncial script and dates in its greater part to the 15th-16th century, while the source of the book is most probably from the 14th century. The author did not discover any Greek parallel to it²². Later, R. Katičić discussed this prayer in detail, considering its use

 $^{^{20}}$ М. Корогодина, Проблемы изучения русских средневековых исповедных текстов как исторического источника, [in:] Русский исторический сборник, vol. II, ed. В.М. Лавров, Москва 2010, p. 112.

²¹ А.И. Алмазов, *Тайная исповедь в православной восточной церкви*. Опыт внешней истории, vol. II, Специальные уставы, Одесса 1894, p. 293.

²² E. Koschmieder, Grammatischer Prosareim in Kirchenslavischen Beichtgebeten, BZ 44, 1951, p. 336–339.

of antique stylistic devices, grammatical rhymes, isocolons, and homeoteleutons, which make the abstract vocabulary very recognizable in structure and highly concentrated²³. The author divides the prayer into parts, each of which begins with an enumeration of sins expressed in words with a similar ending, and concludes with a supplication for God's pardon. The scholar not only emphasizes the frequent recurrence of such patterns starting from the 15th century but lingers in detail on the Byzantine models containing the so-called 'accumulation of sins' in works of authors such as Simeon Metaphrastes, 10th century, and Nicephorus Callistus Xanthopoulos, 14th century²⁴. In the former, we find an accumulation of 24 homeoteleutonic noun accusatives, and in the latter, approximately 112 such examples. The conclusion R. Katičić draws is that the South Slavic translators had creatively reworked these texts without knowing them in detail or without copying the ancient rhetorical technique, but set themselves the same task, to express the accumulation of sins, from which only God's mercy can save the sinner²⁵. It is precisely in connection with confession that they created specific models of rhetorical prose in the Slavic South. From there, some of these models passed into the Eastern Slavic sphere.

The present copy of Monk David's Trebnik follows immediately after the Слотужба сто приченейа, Office for the Holy Communion (ff. 275–307). This fact supports the assumption that, imitating the early Byzantine models, including the listing of names, the enumeration of sins became a model preceding the reception of the Holy Communion and could be combined with the liturgical-canonic elements of other rites, such as unction, burial, etc. At the same time, the universal nature of pure and sincere repentance is precisely what determines the text's mobility and free location. Prayers with a similar structure not exclusively meant for specific rites or sacraments found a place in South Slavic trebniks. We can illustrate this by two of the most interesting South Slavic examples, the copying and printing of which became more common starting from the 15th century:

1. Матва иже гаеть архиереи за гръхы волніе и неволніе и вьсакоу клетвоу и заклинаніе (according to the printed Prayer Book of Jacob Kraykov from Venice, 1570, l. MmVa). Not surprisingly, it is also found in Monk David's Trebnik under the heading Матва гаюма й архіереа или переа въсаком хотещом причестити се бжтвны таинь, пращае емоу въса вол'наа и невол'наа съгръщеніа и въсако проклетіе и клетвоу (216г–218г). In regards to it, A. Almazov points out that, while it did not enter into the Greek printed Euchologion, it was widespread among

 $^{^{23}}$ R. Κατιčić, Σχήματα Γοργίεια u jednoj staroslavenskoj ispovednoj molitvi, Slo 6–8, 1957, p. 237–238.
Symeonis Metaphrastae, *Precationes*, [in:] *PG*, vol. CXIV, Paris 1857, col. 221; Nicephori

Callisti Xanthopuli, *Precatio confessoria*, [in:] *PG*, vol. CXLVII, Paris 1865, col. 591–600; А.И. Алмазов, *Тайная исповедь...*, vol. II, p. 299–302.

²⁵ R. ΚΑΤΙČΙĆ, Σχήματα Γοργίεια..., p. 243.

the Slavs and could perform the role of a permissive prayer at various occasions inasmuch as it did not refer to a concrete category of person praying or time of prayer²⁶. It is distinguished by a long list of sins enumerated without precise system or order. Found in collections, trebniks, liturgical books, it is known to be present in all the 16th-century Venetian printed trebniks featuring bishop rites. It was even placed in Božidar Vuković's Venetian printed *Octoechos of the Fifth Tome* from 1537, which includes at the end several texts that would be typically found in the Slavonic Trebnik²⁷.

2. The second example, already familiar to scholars as soon as the 19th century, is Молитва превещенаго архиюпископа Константина града курь Михаила рекомааго Ясхалона, which also appears under the title Раздочкшеніе почкосщеннаго архієпіє па константина града \mathbf{M} иханла рекомаго Асхалона мітва испов \mathbf{k} данію 28 . This is not the same kind of prayer book as it does not include enumeration of sins, but it is a valuable example of an accumulation of confessional models related to unction. The prayer is already present in the first Slavic trebnik, printed in Cyrillic under the patronage of the Montenegrin ruler Gyurg Crnoević in 1495–1496, a text that has not been preserved with its original features and in full in any known copy. Its contents are still being reconstructed²⁹. This prayer book remained a model for the printed trebniks of Božidar Vuković, dating from 1538–1540, and Jacob Kraykov's trebnik published in 1570. They all contain the sacrament of unction, a separate liturgical rite for unction over deceased monks and laypersons, with the permission prayer of Michael Aschalonus added to that rite. Despite V. Mošin's opinion that, in the printed Mileševa trebnik of 1545 (which generally has a different order of the prayers and altered content) the prayer is attached to the rite of unction, detailed analysis shows that it has the usual placement in this product of the local Serbian printing houses in the Balkans³⁰. We also find it in the printed Prayer Book from Targovište, 1545, after Чинъ вънваємъни на шсвъщеніе масльно оумрьшінмь инокшмь

²⁶ А.И. Алмазов, *Тайная исповедь...*, vol. II, p. 225.

 $^{^{27}}$ Е. Немировский, Славянские издания кирилловского (церковнославянского) шрифта 1491–2000. Инвентарь сохранившихся экземпляров и указатель литературы, vol. I, (1491–1550), Москва 2009, p. 142.

²⁸ А.И. Алмазов, *Тайная исповедь...*, vol. II, p. 269–271; vol. III, *Приложения*, p. 77. This is precisely under the title of Раздръшенїе, Absolution, and referring to кура **Михаила Ясхалона** that we find it in the Monk David's Trebnik, ff. 159v–160r. Consequently, the composition of the trebnik is distinguished by the most up-to-date repentance models of that time.

 $^{^{29}}$ Молитвеник Ђурђа Црнојевића 1495/96. Факсимилно издање, ed. К. Мано-Зиси, Подгорица–Цетине 1993; Вл. Мошин, *Још о реконструкцији Црнојевићева Требника 1495 године*, Биб 3–4, 1964, р. 199–204.

³⁰ The most complete copy of this edition in Bulgaria is found in the collection of the Church Historical and Archive Institute of the Bulgarian Patriarchate in Sofia, N 192. It was printed by deacons Damyan and Milan at the order of Hegumen Daniil in the Monastery of Mileševa, where a printing workshop functioned in the 1540s.

и вълцемь³¹. It was copied in prayer manuscripts and liturgical books since the 15th century and later, surrounded by confessional prayers of pardon or prayers for 'various purposes'. It is also testified to in the above mentioned trebnik M10, which contains the copy of *A Very Useful Confession for Unction*³². All the facts support A. Almazov's opinion that the prayer represents a charter of indulgence – if not after death, at least before an impending death³³. Its importance for our topic lies in the fact that it illustrates the development of Slavic repentance models in the age of the Ottoman invasion of the Balkans, as well as the impossibility of identifying these models with any precision in relation to the Greek tradition. To this day, it has not been established who the Michael in question was, whose second name is spelled variously as *Aschalon*, *Ascholon*, and even *Chalon*³⁴. The assumptions range from this being a fictional character to the name being a sort of pseudo-attribution or an incorrect identification with Patriarch Michael IV Autoreianos (1206–1212), who indeed created similar models of prayers³⁵.

Some linguistic peculiarities of the main source

Coming back to *A Very Useful Confession for Unction*, we may point out its following peculiarities:

1. Prayers of confession in general were a sort of manual of Christian morality. It could hardly be said the rhetorical device of using similar endings was systematically applied in this particular prayer. But indisputably the *Very Useful Confession for Unction* is a model of the mentioned accumulation of sins. The connection with the confessional formula is evident most of all in the designations of the carnal sins placed foremost in the enumeration, some of which are precise equivalents of the respective Greek terms in the discipline of repentance: Πρ'κλιοβολ'κιαμικ (μοιχεία), κλιλλία (πορνεία), μλικελοκιικ (ἀρρενοκοιτία), κριβολικικο (αἰμομιξία), εκοπολοκιικ (κτηνοβατία), ρικοβλιλμικ (μαλακία). They were influenced by the seminal *Rules of Repentance* by John the Faster, which developed the liturgical and disciplinary-canonical aspect of penitence simultaneously in connection with the imposition of penance³⁶.

³¹ I. Bianu, N. Hodoş, *Bibliografia Românescă Veche. 1508–1830*, vol. I, (1508–1716), București 1903, p. 23–29.

³² Л. Макаријоска, Б. Павлеска-Георгиевска, *Лексиката на средновековните...*, р. 102.

³³ А.И. Алмазов, *Тайная исповедь...*, vol. II, p. 269.

³⁴ P.P. PANAITESCU, *Manuscrisele slave din Biblioteca Academiei RPR*, vol. II, București 2006, p. 328, according to 15th century Missal № 496, f. 51v.

³⁵ А.И. Алмазов, *Тайная исповедь...*, vol. II, p. 196, 267.

³⁶ Fr. VAN DE PAVERD, *The Kanonarion by John, Monk and Deacon and Didascalia Patrum*, Rome 2006, p. 77–93.

The positioning of carnal sins in first place suggests a monastic environment, in which such texts were most often disseminated, inasmuch as a monk had to break all ties with the world and to preserve his physical and moral purity. The fasting scheme of John the Faster, exceptionally important, was contained in practically all confessional regulations and compilations of penances known in the Slavic literary tradition.

- 2. Secondly, we note some *nomina personalia* (common nouns for persons) describing the perpetrators of a certain sin or the carriers of negative qualities. The search for Greek prototypes is a difficult task but the Greek terms in the indicated semantic fields are abundantly present in the mentioned prayers of Simeon Metaphrastes and Nicephorus Callistus Xanthopoulos. We see blocks of similarly ending lexemes: златолювьць, славолювьць, сревролювьць; говдъни и смъхоутворьць; самогадьць 'who eats apart from the fraternity'37, скорогадыць 'who is gluttonous and eats quickly'; пратроненавистыникъ, клеветьникъ, лжкаводобълтьникъ 'who deceives for material benefit', подъхълбъникъ 'a flatterer, servile person', пръклетъвьникъ 'a person who curses, utters false oaths and curses, самохотыникъ 'a reclusive, selfish person', тъщиславыникъ 'vain, proud person', уоульникъ 'a person who slanders, insults'. The text comports a rich layer of epithets with positive or negative meanings, built upon two of the most frequent Old Bulgarian models for the creation of composite words referring to ethical concepts. Those with first component BACK- and пр'к-, such as высесващенть, высещедоть, пр'квлагть, пр'кпросващенть, пр'кчистть, refer to spiritual advisors and clergymen who perform the sacramental rites and grant absolution, while the sinner is qualified as BACECKEPAN'A 'entirely foul, vile, lowly, impure, высеслоуга диаволоу 'a servant of the Devil in all things,' высеокаанынъ 'entirely abject', трыокаанынъ 'thrice abject', etc. They express the notion of completeness, fullness, a superlative degree of the positive or negative trait they designate.
- 3. One of the typical stylistic devices used in this type of prayers is the accumulation of stable phrases and biblical idioms that suggest the depth and all-encompassing nature of sin, the chronification of the sinful state. This is achieved through the use of key words referring to time, space and a person's age in order to define sin as an eternal condition present since the beginning of existence. Examples from other similar prayer patterns: по все дни и по все нощи и по все часы; от юности до старости, многажды многыхть, тысжща тысжщами, тмы тъмамы, нажв'к и вь сн'к, and others³⁸. From the Vladislav the Grammarian's сору: въск'ємь мойм втвой й дшбю, бще й т'кломь; ѿ прываго възраста

 $^{^{37}\,}$ Л. Макаријоска, Б. Павлеска-Георгиевска, *Лексиката на средновековните...*, p. 130, translated as "greedy, selfish".

³⁸ E. Koschmieder, Grammatischer Prosareim..., p. 335–356.

Μοει'ο; εμίη δο πάνε βιατέχα βέμλακηδ ταγρίξων λότο; ης δω μάν η με δω ή όψα ημακὶ πακὶ νάς με μακε με ψερίξτος σε γρίξος ράδοτας; βεμλιὰ μ με ο μ σίκη με μ μακε με ψερίξτος σε γρίξος ράδοτας; βεμλιὰ μ με ο μ σίκη με μ μακε με ψερίξτος σε γρίξος μα μακε πακε πρικοτήτη μα μ λογκάβιὶ μίκη μού, μ πακεὶ πο βιατέ νάς πρικοτότη μα μ μ λογκάβιὶ μίκη μού, μ πακεὶ πο βιατέ νάς μα πρικοτος πρικοτότη μα μ μ λογκάβιὶ μίκη μού, μ πακεὶ πο βιατέ νάς μα μου για μου και μου και μου και μα μου και μου βλέπειν επληθύνθησαν ὑπὲρ τὰς τρίχας τῆς κεφαλῆς μου) 39.

Conclusion

There is no doubt, that A Very Useful Confession for Unction for Every Christian, for the Black and White Clergy was purposefully introduced in the Monk David's Trebnik and reflects current textual additions to the basic composition of the Slavonic Trebnik. The text supplements the picture of Vladislav the Grammatrian's literary activity, but testifies as well to the important aspects of the medieval mentality. It might be assumed with greater certainty that this was one of the last texts copied by Deacon Vladislay, but to what extent it was in the nature of a personal prayer of repentance can hardly be established. If we are guided by the fact that the anointing of the sick takes place after communion is given, including the last one, that it cures bodily and mental diseases, this question would not be deprived of logic, although it cannot be answered definitively. The currently incomplete source base for the distribution of the prayer exemplar locates its known copies in the Western Bulgarian regions and parts of Northern Macedonia. With these regions the scribe himself is closely connected. Before the identification of the copy in the Monk David's Trebnik, G. Dančev pointed to the lack of any precise information about the life and the activity of Vladislav the Grammarian after 1480⁴⁰. The text published here is a piece addition to the obscure moments in his biography. Beyond the biographical aspect, the studied text gains importance for several reasons. Firstly, it enriches the understanding of the development trends in the penitential texts of the Slavonic South and their dynamics after the era of the great flowering of liturgical literature in the 13th-14th centuries. South Slavic translations of Greek texts featuring an accumulation of sins, and perhaps also some original Slavic compilations, establish a link with the prevalent

³⁹ Septuagint, Greek-English Old Testament, http://www.ellopos.net/elpenor/greek-texts/septuagint/default.asp [12 XII 2022].

⁴⁰ Г. Данчев, *Владислав Граматик...*, р. 30.

in East Slavic literature ponovlenia (renewals) – preliminary questionnaires with the fullest possible nomenclature of human sins, which the confessant reads aloud if literate, or repeats after the priest if not. Their profiling for different age and social groups, for men and for women, is a further important stage in the development of the pattern of the accumulation of sins in direct relation both to the rite of confession and to the nomocanons. The model of ponovlenie was not commonly spread on the Balkan⁴¹, but the enrichment of the penitential prayer patterns of the Slavic South with the enumeration of sins illustrates the general historical genesis of the confession as a liturgical sacrament and of the penance as its disciplinary form. Secondly, the text under study reveals the rich vocabulary of human sinfulness and the developed stylistics of the rhetorical prose in a Slavic context. Thirdly, it leaves open the question of Greek-Slavic interactions in the liturgical literature, which did not cease to be a major factor in the development of the Slavonic Trebnik after the 15th century, when, under Ottoman domination, this liturgical book acquired a more utilitarian character with the expansion of the cycle of prayers 'for every need', the inclusion of apocryphal texts, and became closer to the everyday life of the ordinary Christians⁴².

The text under study demonstrates the active *manifestation of the ability of inner self-preservation*⁴³ in the spiritual traditions of the Southern Slavs during the whole 15th century, the guardians of which were monasteries and the literature they produced.

Appendix. Diplomatic edition of the text as preserved in the source

(Monk David's Trebnik, Ms. Slav. 1/42 from Rila Monastery)

The publishing principles aim to reproduce the graphic characteristics of the text as accurately as possible. The edition does not give the end of the line or the page. The original orthography, text segmentation and superscripts are preserved without keeping neither stylistic allographs of the letters \mathfrak{o} , \mathfrak{e} , and \mathfrak{v} , nor the ligatures.

йсповъданіе въло польяно, хотещомоу стое масло стыти въсакомоу хрістіаниноу, чрынцоў и бълцоу пръжде помаваніа главъ, ставь посръдъ, седмы сщенникь. Й начьнёть съ оўмилёніемь Й съ страхомь бжіемь въкоупъ Й съ сльвами йсповъдае се глати сице:~

 $^{^{41}}$ М. Корогодина, Исповедь в России в XIV–XIX вв. Исследование и тексты, Санкт Петербург 2006, р. 22; 10 Ідем, Исповедные тексты в Сербии и на Руси (по рукописным материалам, хранящимся на территории России, ЦСту 1, 2004, р. 131–136.

⁴² М. Шнитер, *Молитва и магия...*, р. 14, 69, 114.

 $^{^{43}}$ Б. Христова, Българската книжнина и култура през XV в., [in:] Българският петнадесети век. Сборник с доклади за българска обща и културна история през XV в., еd. Б. Христова, А. Минчева, Б. Райков, Кл. Иванова, София 1993, р. 117.

Κάτεμικ ωξη η εγκη νού, εποξετηθημία η ποκπροσεκτηθημία, ελούτη ποκιμέτημή μα χαβοπβόρεψιτά τα ξα μα επίτα μάμεγο ίν τα παύης. Εχε άθς βλεξεκβρώμηση μα ώλοα-**ΨέΝΝΕΙΝ, Η ΒΊΛΕΙ ΤΟ ΤΑΙΡΙΚΑ ΕΝΙΧΊΑ ΒΙΑ ΧΟΤΙΈΝΙΕ. ΠΩΝ ΒΕΔΕΙΙΟΥ ΜΙΙ ΒΑCK** помолити въсещедраго и пръблгаго ба наше, о избавлении бесчисльный и лютиць мой съгржшеній. Въ помазаніе моне шкаанные главыї, паче же въсь се поврызаю πρώ стыми ωбразы вашими моле се и призывае и мил се дък. χογπόσнаа мардїа Βάιμα ετίλα ѾΒρκειτε, η Εγολιόδη βρίε βάιμε ελουχώ. Η Μοξ Μρκεκμε γλω ή εποδικλάνια ВЪНОУШИТЕ. ПОТЕВОЕ ЙСПОВЪДАНТЕ МОЙХЬ СЪДЪАНЕИ, ВЕЛИКЫЙ Й БЕСЧИСЛЬНЫЙ. ВЪСТЕХЬ ử <u>μμέρο, ếψε ử τικλομρ πορώκαάμμο</u>ια ἄ<u>ρρ βλάγατο μα ử ποκβλίτατο βλκο μοε</u>τό ử ξά ΕΕΞΑΚΟΝΝΟ ΠΟΟΓΝΈΒΑΧЬ. ΙΆΚΟ ΝΗ ΕΛΗΝЬ Ѿ ΒΈΚΑ CЪΓΟΈΨΗ. ΝЪ ΙΆΚΟ ΒΛΑCΤЬ ЙΜΟΥЩΕ Ѿ БЕЗАНКОНЫЕ БАЙТИ БЖЇЕ, ПОНЕЖЕ ОУЧЕНИЦИ ЕГО ЕСТЕ, РАЗДРКШИТЕ, ДАРЬ ТЬ ЙМОУЩЕ ü стго дха, мною исповъданные гръхы. дадите ми прощенїе и фставленіїе фкааннομού, έχε χόμου βъзв'έςτητη βάμει ςτώημ, λιότιβ βъ αςτίηου η ηεπούμενημβ мой безаконеи, и сихь сты млт вь, сщенничьскогю сію книгог и помазаніе, въ weuenie вывшаго w вå масла. остите скврыннаго и нечистай, и непотръвнаго гоу и вамь и оученикшмь и рабомь его. и въспримъте ме w храмины того оудаливша се. и твжда сътворша се того оучестца, за безбожное мое съджание. ним въ пръ пръчистыми вашими бъразы пръстою, ижо на страшивмы и нелицемърнъмь соудищи ха ба нашего. cià въдещомоу томоу единомоу, йже и таинаа ю сфца พี่ чъстній พี่นุ้น съ смъреніемь й сльзами миюгыми й съкроушенною дшею. азь ѾΚαάΝΗΝΙΉ Ѿ ΠρώβαΓΟ ΒΊλΒράςΤα ΜΟΕΓΟ ΕάΜΝ ΕΈΒΕ ΒΕΒΟΥΜΝΪΗ ράςΤΛΗΧΝ. Η ΕΚΒρώΝΗΝΗΕ й нечистые пльти моне фдеждоу осквобнихь. Й како хоамь бжій стымь кощеніёмь быхь, и сътворих се врьтопь нечисть и скврьньнь разбойники, ним стіи мой ВАКЫ Й ЖЦИ, ВЪСА ГЛАТИ НЕ ЙМАМЬ ЗА НЪКЫЙ ЗДЕ РАВНО ПРЪСТОЕЩІЙ НАМЬ, ДА НЕ кай наоучитель боудоу ймь безаконію великоу, й йны на то ражегоу, й въм'ьсто шэлоблиній понесоуть оўмилинів. Един бо паче въстехь земльны съгртый λιότο. ητα πρικαλλάνο ή ετακρώιο. πρόναα жε αλαά ήςπου κλαιο, ή ετάπιο χραανοβέννο พ оученици и сфеници гни. не бы днь и не бы ношь ниже пакы чась, въ нже ΝΕ ΨΕΘΙΈΤΟΧ CE ΓΡΙΈΧΟΥ ΡΑΓΟΤΑΕ. Α COΥΛΑ ΕΧΙΊΑ Η ЧАСА CЪΜΡЬΤΝΑΡ ΝΗΚΟΛΗΧΕ ΝΑ ΟΥΜЬ ΝΕ пріїєх. Ѿ юнаго ми възраста даже й до ний оугодії телесное съврбшаю. когда πρικλιοδολικάνιε. Ψβογλά βλούλβ. Ννογλά Μουκελόκιε η κραβολικτίε. Νικογλά τκο-Τολόχιε, ρουκοβλού διε μημακί μημώνο, η Βλεάκωε πογάνιε επρά άθλ νεποτρικώνων съджахь, не тькмо отрочище растлихь, нъ и дрягаа силижишаа, не тькмо мою ДШ8 осквовнй, нъ и сихь сїими злобами дїаволоу почдахь, и мновіч иныхь Дше Ѿ Ҍ҃҇҃҇҆ ѾͲογждЙ наоуче́нїємь моймь лоукавы, къ грѣхоу приво́деще йхь. по въсегда̀ на д'Еланії злобное и волю діаволю потыкае йхь. ниже дшегоубіа непричестьнь **Ε**Μ΄ΧΕ. Η ΕΨΕ ΒΛΕΧΒΟΒάΝΙα Η ΨΑΡΟΔ'ΚάΝΙα Η ΑΡΟΥΓΙΑΑ ΚΈ CHME ΕΕΒΜ'ΚCTHA ΜΗΨΓΙΑΑ ΟΥΒΕΙ мить стълъвае, побъжению въсакомоу шлах се шкаанный азь. шкаанне и гръшный ΒΊΑ ΒΙΑΘΉ ΥΙΝΙΎΤΑ. ΟΥ ΜΗΘΧΗΜΕ ΟΕ ΠάΨΕ ΒΛάΟΙΑ ΓΛΑΒΙΑΙ ΜΟΙΘΕ ΒΕΘΑΚΟΗΙΊΑ ΜΟΑ. ΒΊΑΘΒΗΓΗΟΥ ΤΗ

помраченичи очи мой на неса не сметю, й стоудный и проклеты дель мой. коа оббо ι επόδα, ιδίκε άθα με επτεορά ή με τεόρου πάνε ή дοτέλτα μία. Κοὲ με αλό έκε άθα με въшбразихь. и на въсакь ча въсбен въшбражаю въ шкаанного мою дшв. коемог БЕЗАКОНІЮ Й ОСКВОВНІКНІЮ Й НЕЧИСТОТТ НЕ БЫХЬ АЗЬ ОУГОДНИКЬ Й НАОУЧИТЕЛЬ. Й КАКО μόρου ποκαάτη ce w μομ μέλη μεμήςτιμ, η w ήμης ήχχε μαού μας ράβηο μελάφτη ν τιμ ποκαάμιο η ήςποβταάμιο μεςμαρίς μου ανό, έχε ςμάχτα άθα νολέβρην. Ηε τέκμο ch члиьскымь μτέβομь τογκα δογ chtβορηχь. η й ch скотο ακь ογнилін, клеветникь. азь лъжный съхранитель. азь хоулникь и пръклетовникь. грьдыне ν carέχουτεόραμα ν αθλάτελα. Ποςανέχλησα πιανημά, ελούλημακα. Αυθέσου δασοταε. мишто съна треборе, мркзькь ненавистникь. сребролюбьць златолюбьць. именіа ΜΗΨΓΑ ΛΌΕΕ, ΓΑΚΟ ΗΝΚΤΌ ΜΕ Ѿ ΥΛΙΚ: CAABOAЮΕΚΗ ΤΕΨΕCAABHUKE, ΧΟΥΛΗΝΚΕ, ΛΟΥΚΑΒΕ. братоненавистний, похыбникь. самохотникь, гивеливь. скорыи злодейи, и посоуплинь. скорогадьць самогадьць. тать, хыщникь, неправедникь. лоукаводобытникь. ης μα βιας λια επράετα χόμου γλάτα, άχε ψυλάλαρτ για ψκαάμησο λιμείο ά πιδλόγια. w мод безаконіа. w мод съджаніа лоукаваа, твореннаа мною лоукавымь й поганимь. ѝ помышлью οутаю ли се дне оного ѝ нощи, въ нь же съдъа злаа ѝ лоукаваа мод д'Ела. н в в Ед в известно, и с д ме хот в обличити. и исповед в на ме безакоμΐα Μολ, йже нија не χόπειμον ΜΗ ΓΛΙΟ ΕΌΥ Η Βάιμου απόσπυ. Ηε ούμλιδυμτ δο πογλλ ни днь ни ношь, ниже пакы чась. въпте съ атглю его на ме скврынаго. й где ογκρωίτη ςε ήλη ογετεγηρήτη ήλαλη, βελλιά ή ηξο ή ελήμε ή λιμε ή καθώ ή βετεχώ ή λιορε и ръкы и беяньї възьпію на ме. и сего ради въмь бгодарованный вамь 🖫 ба дарь везати и ръшити виньї члчьскыйхь съгръшеней. Еже во свежете на земли, и на несекь свезано в. и еже разржшите на земли, разржшено в и на несекь. и призва ваше вголюбіе ŵ чъстній ŵίμ, iako да мабдаго й пръбагаго ба помолите ŵ мнъ о̀каа́нно". ѝ да́сте ми рая̂р'вшенїе ѝ про́щенїе моймь гр'вхомь. мнŵго бо̀ мо́жеть μάτβα πράβελημαγό. Β'ακέγο δο κέβε ηεποπριάβηα κατηθόρηχα δον ή μάκωμα. Β'ακάκα ογά δο δοκβράνιχα ή ράστην ή μοτάψιχα. ή δάχα μπλάτελα βα βασέλια μιάβωλος. ή βέшьше йхже изглахь съдъахь, непотоженыи и нечистіи и въсейкаанный азь. ниже пръстахь когда не дълае безаконное дъло съ тоуждійми женами инноезычными. й съ моужьскыми дет ми. Оуведающе въ срци моёмь лоукаваа исплетеніа. непотоженаа и мобскаа съблажниейа. тъло же смоадное мое, оукрашаю въсею силою мовю й пищею й тоукwмь. й вонгами самово́нными въсакыми й мню́гыми см'бшеными ариматы. да сице привлекоу въ тлекиї дше тоуждынуь. но йже й страха бжїа николиже прѣ о́чима мойма поставихь. да въспомѣноу соудища бжїа, и възданїа съдъанныхь мой. тысоуще тысоущами крати себе проклинахь, въ ёже πρικεπάτιι μι ιι πουκάβιδι αική μου, μι πακώ πο βιλες μάς μι πρικεπούπημικα κλέπβιδι швретах се. и е́гоже зреху твореща ма́тыню. пость и вачение, то е́лико по силъ ΜοὲΝ ѾΒράΨΑ Ѿ Πέτη πράβα, η Μοεή πογάνοςτη ογταχь η πραβλάτα ψοογκλαε ηντέχь, ά cámь δοογχερικ έςmr. Βъ вьсèmь πθεκνь ετουμь εκίχь, и съ вьсакымь тьщантèmь cámь cébe ογλάληχь Ѿ ба. Τ'ΚΜ'жε γοςπολίε и ΒΆκы μ ςλούχητελίε δα Βρίшηιαγο, оущедрите ме смебреннаго и оунилаго. такоже ус блоудниць оноу и разбоиника прие

πάλαγο ραμὰ ἀςποβταμάπια. Cήμε ἀ βω χωπόβημημα ἀ πέμε πριάπτε ἀ προςτήτε. ἀ πραβέμτε βτω ψτραμογ, Ѿ μέε πε ἀβωίμοχω δεβογμηϊα. ὰ μάρογατε πα προψέμιε ὰ ψεταβλέμιε γρταμωμά ἄχ πε ἀςποβταμα. ὰ επόδρατε πε ετώπα βάμαπα πλητβαπα εέγο πριτέτο πάςλα ποπαβάμιο. ὰ ποπολήτε βτως βλίταγο ὰ μεβλόβλαβαγο δα α γα μάμεγο τζ χα μα βτως πριτέταμα το πραγές τημακός πραμός αποκεί ὰ επόδρατε πε πραγές τημακά δώτα ετώχω ἐγο ὰ πριτάτα ὰ ετράμμα ὰ βεςκρώβημα τάμα. μα ὰ ᾶβω μρωβηθοβίτη ο τω βάπα βτως προςλαβλο ᾶπε ψίμα ὰ επίτο μχα. Ημίπα ὰ προςλαβλο ᾶπε ψίμα ὰ επίτο μχα. Ημίπα ὰ προςλαβλο ᾶπε ψίκα βτάκω βτάκω απόμα.

таже прійдъте поклоним се цою нашемоу боу. $\widehat{\mathbb{T}}$ й фали, бі. оўслышй ги правд8 мю: й тако по семь, пр $\widehat{\mathbb{D}}$, й аплы. і еўліа, сь млитвами. по редоу:~

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